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Photo by Chinch Gryniwicz

## From the Team

We are very glad to come up with yet another issue of our newsletter. Your warm response and acknowledgement to our previous issues encouraged us to keep up our work. Please enjoy our 3rd issue.

Through our newsletters, we would like to inform our partners, beneficiaries, stakeholders and well-wishers about the progress, results and achievements of our work and engage them in our work through regular communication and interaction.

Right4Children is committed to bring lasting changes in the lives of children, young people and other needy people through our intervention in the areas of child protection, education and livelihood support in partnership with our valued partners and investors. As always, we look forward to your constructive feedback, innovative ideas and advices both for the improvement of our programmes and our publications including this newsletter.

Thank you for your wonderful support and belief in what we do.

# CHILD FRIENDLY SCHOOLS

(in partnership with ONGD-FNEL Luxembourg and CWS-HK)

## Helping schools become more welcoming & safer

The Child Friendly School (CFS) project is our most ambitious project. This is a 4-year project (2015-2018) directly benefiting 48 (12 per year) government schools in Kaski district. The project intends to help address the need to make community schools more welcoming and safer places for children to learn. Therefore, the project activities are concentrated in creating a better educational environment. The main goal is to improve attendance and retention of children in schools.



Within the framework of the project, various activities in the selected schools are carried out to create a improved school environment conducive to learning. The project focuses on improving school infrastructure, teaching-learning pedagogy, materials, classroom furniture, working with and mobilizing child clubs for the promotion and protection of child rights.



## Results and outcomes

After the project intervention, the following changes were recorded in the schools.

During the first two years (2015/16), 25 schools, approximately 3000 children and 241 teachers benefitted directly.

Schools are well equipped with teaching-learning materials.

Schools facilities such as drinking water, toilets, play space etc. improved.

Teachers trained to make teaching and learning a fun using creative teaching techniques.

Schools have become more attractive and amusing for children.

Daily attendance and retention of children increased.

# CHILD RIGHTS THROUGH ART

(in partnership with CWS-HK & Sovereign Art Foundation-HK)

## Promoting child rights and creativity

Children are naturally curious. They love to explore, observe and imitate, trying to figure out how things operate and how to control themselves and their environment. Art comes naturally and children love creating things with their incredible imagination, typically in a visual form such as drawing, painting or sculpture. However, it can also be used as a powerful tool to educate, promote, advocate and inform communities on child rights and other social issues. Art activities can help children and young people to develop confidence, self-esteem and their expressive skills.



The project intends to help Pokhara Metropolitan city in its campaign to make Pokhara a child friendly city.

Since the beginning of 2017, Right4Children has already carried out first round of art workshops for children of the 10 public schools and 7 Ward Child Forums.

An orientation programme for the Head-Teachers of the participating schools, Ward Secretaries of the selected 10 wards of Pokhara city and relevant stakeholders conducted.

Total of 220 children including 124 from school and 96 from Ward Child Forum participated in the project activities.

Art Calendar 2074 published.



# MILIJULI BOLAUN

(in partnership with ONGD-FNEL Luxembourg and CWS-HK)

## A platform for children to raise their voice

Milijuli Bolaun has become a voice of children, and since 2014, hundreds of different topics related to children's issues have been raised and discussed in the show. The show has been educating communities about the risks of child right violations. It has also been raising awareness about the rights as well as duties of children which, we believe, has helped the listeners to understand the needs and the interests of children better. A total of 138 radio episodes have been broadcast so far.



During the last 3 years, 166 children aged 12-17 years were involved in preparing and producing the radio programmes. Children from different spheres of life and backgrounds were able to share their stories and raise their voices through the programme.

Sunita, 14 years, shared that she used to be shy and lacked confidence to speak even with her teachers but after joining the Milijuli Bolaun she built her courage to speak without fear. Like Sunita, other participating children also have similar stories to share.



This year (2017), Milijuli Bolaun show started social awareness programmes in schools where children together with teachers listened to the radio shows. It helped the students to be aware about their rights. This way the radio programme has reached out to more listeners.

The radio programme has been expanded to Syangja, Palpa, Nawalparasi and Dhadhing districts. Altogether, the programme is broadcasted from 8 different radio stations and has reached over 65,000 listeners.



My experience in Milijuli Bolaun gave me an opportunity to work as a radio journalist, it has helped me to develop interpersonal relationships and to grow my personality.

- Anju Dahal



I feel proud to be a part of Milijuli Bolaun Radio Programme. It keeps me updated about different local and global issues around children.

- Gaurav Pandey

## How You Can Listen

### Every Friday

5:30 PM | Radio Annapurna | 93.4MHz

### Every Sunday

8:30 PM | Machhapuchhre FM | 91 MHz

7:30 AM | 3 Angels | 94.6 MHz

### Every Saturday

10:30 AM | Radio Janani | 90.6 MHz

2:30 PM | Galyang FM | 92.2 MHz

3:30 PM | Vijaya FM | 101.6 MHz

6:45 PM | Shreenagar FM | 93.2 MHz

online

[www.milijulibolaun.org](http://www.milijulibolaun.org)

## महासन्धि र बालअधिकार



१९२२ मा एलेनटाइन जेवले आवाज उठाउनाले साथी भाइ सवैलाई यसमा जुटाउनाले नोभेम्बर २०, १९८९मा बालअधिकार आयो अन्धकार यो संसारमा बाल बचाउ छाियो

गन्यो नेपालले सहि १९९० सालमा १९३ देशले गरेका छन् हालमा ५४ धाराको सहयोगमा महासन्धि बनेको छ १ देखी ४० सम्म अधिकारको कुरा रहेको छ

छन् महासन्धिको चार आधारभुत सिद्धान्त प्रथम हो भेदभाव रहित दोस्रो सर्वोत्तम हित पहिलो छ धारा दुईमा मित्र दोस्रो चाहि पछि धारा तिन भित्र

तेस्रो दीर्घ जीवन र विकास धारा ६ मा पर्दछ १२ मा चौथो विचार र भावनाको कदर गर्दछ यसरी बालबालिकाको लागी महासन्धि बनाइयो त्यसै कारणले आज हामीले अधिकार पाइयो

बालअधिकारको पनि चार समुह बनाइयो 'बाँ सं बि स' त्यसलाइ छोटो गरी बताइयो 'बाँ' ले बाँच्न पाउने 'सं' ले संरक्षणको अधिकार 'बि' ले विकासको अनि 'स' ले सहभागीताको अधिकार

यसरी आज हामी सामु अधिकार ल्याइयो त्यसैले त आज हामी उपयोग गर्न पाइयो बालअधिकारको गन्यो सधै प्रचार यति भन्दै सक्छु कविता हस्त नमस्कार

**सङ्कल्प ढकाल 'स्वतन्त्र पेमी'**  
कक्षा ११  
छोरेपाटन माध्यमिक विद्यालय



Art by Mallika Basyal  
Class: 10,  
Nabin Secondary School

## Children's Page



Art by Rabin Nepali  
Class: 10,  
Kalika Secondary School

## भ्रष्टचार निवारण : साभ्का दायित्व

निति नियममा बसौं  
नियम विपरित गरिने कामलाई भ्रष्टाचार भन्दछन्  
भ्रष्टाचारले लटपटिएका मान्छेहरू भ्रष्टाचारि कहलाउछन्

के भनेर सम्झाउ म  
अतै सोभ्का दाजुभाई ठग्नेलाई  
भ्रष्टाचार बाहेक केही चाहिन्न देशलाई तल बगाउनलाई

भ्रष्टाचार त्यागौ  
भ्रष्टाचार बढ्दै गयो आखिर देशको भयो यो गति  
भ्रष्टाचार गर्दा नै मानिसको बिग्रियो मति

फाइदा तिमीलाई छ  
भ्रष्टाचारको निवारण गरे हुन्छ देशको उन्नति  
भ्रष्टाचारीले छोडेपछि हुन्छ देशको प्रगति

अब सुरु गरौ  
भ्रष्टाचारको निवारण आफूबाट सुरु गरौं  
भ्रष्टाचारबारे टोलटोलमा सचेतना फैलौ

जीवन सुखमा बिन्दछ  
राष्ट्र निर्माणले हाम्रो जीवन सुखमय बन्छ  
आफूबाट भ्रष्टाचार छोडौ देश मुक्त बन्छ

प्रवेश बास्तोला  
कक्षा १०  
शितलादेवी सामुदायिक माध्यमिक विद्यालय, पोखरा



## समयको महत्व



महत्व छ समयको हरेक पल, जिन्दगीमा साथी  
त्यसैले त ख्याल गरौ समयको, जिन्दगीमा साथी

नरनु कहिल्यै सम्झी वितेका पल, फर्कि आउदैन कहिल्यै  
छोडिदेउ कुरा विगतका, जे गर्नु छ गर अहिल्यै

समय त रहेछ साथी, बगेर जाने खोला  
फर्की आउँछ भनी, आश नगर्नु होला

समयको महत्व साथी, बुझनुपर्छ अहिल्यै  
नत्र भने पछुताउनुपर्छ, जिन्दगीमा जहिल्यै

थाहै नभई कति छिटो, बित्दो रहेछ समय  
त्यसैले त सही प्रयोग गरौं, एक एक सेकेन्डको समय

रोकेर रोकिदैन छेकेर, छेकिदैन जिन्दगीमा समय  
बुझनुपर्छ जिन्दगीमा कति, छ महत्व समय

समयको सही प्रयोग, गरौ साथी आजैबाट  
नभन साथी आज होइन, गर्नु प्रयोग भोलिबाट

नमुना बुद्धा मगर  
कक्षा १०  
शितलादेवी सामुदायिक माध्यमिक विद्यालय



Art by Puskar Badi  
Class: 10,  
3 Angels International School



## laugh out loud

As usual, I was using facebook. Suddenly wifi stopped and I knew my neighbour hasnot paid the bill.

Suraj Bhandari  
Class 9  
Barahi Secondary School

# MOVENPICK HOSPITALITY PROGRAM

(in partnership with Movenpick Hotels and Resorts, Switzerland and CWS-HK)

## Uplifting the living standards of under-privileged youth

Right4Children has been training up the most disadvantaged young people to help them become a quality skilled work force in the hospitality sector since 2009. The main objective of the programme is to improve the living standards of these youngsters and their families. The programme also provides post-training support for a successful job placement.



During the last seven years (2009 - 2016), 139 youth (average of 23 per year) from very difficult backgrounds were enrolled in the programme. They undertook a 6-month tailor-made training in one of the three courses: Housekeeping, F&B production (cooks) and F&B Services (waiters and bartenders) .

Of the 139 youth, 132 successfully completed the training.

Almost 85% of the graduates secured job placements in one of the Movenpick Hotels in the Middle East.

Some were employed in the local hospitality industry.

In a nutshell, more than 130 youth directly benefitted from the programme while more than 650 members of their family indirectly benefitted from the outcomes of the training. i.e. gainful employment and decent earnings.



As part of our giveback philosophy, the beneficiaries of this programme provided educational support to 25 needy children to enable them to continue school.

The support included school uniform, bag & stationeries,

# FAB HOSPITALITY SCHOOL

(in partnership with ONGD-FNEL Luxembourg, Freedom Matters-UK, RTST & Bryanston School UK)

## Alternative opportunities for livelihood support

After the successful implementation of the Movenpick Hospitality Training programme over the last 7 years and learning from this experience, R4C generated an idea of having it's own training centre, **The FAB School**. It will be our dream project. To materialize this new concept, R4C has built the phase-I of the FAB School and Community Centre at Lukumswara, in Pokhara.



The first phase of the construction accommodates training facilities for Receptionists, Waiters and Bartenders, Cooks and Housekeepers. The construction work is almost complete and we are now raising funds to construct phase-II to accommodate the hotel management campus.

The FAB School will come into operation from September, 2017 and will offer tailor-made intensive hospitality training courses in the 1st year.



An advance Culinary Course, Diploma in Hotel & Restaurant Management and other demand based courses will be added later when the phase-II construction comes to an end in 2018.

## WHY FAB SCHOOL ?

- To provide better quality of training to increased number of youth.
- For better and efficient management of training programmes.
- To ensure that trainings are demand driven and are strongly linked with the industry/job market.
- To create and develop a sustainable model of social business in supporting the needy youth.

**The Training Programme will be managed by GATE (Global Academy of Tourism and Hospitality Education), a reputed top class college in Kathmandu that provides hospitality education & training.**



# EARTHQUAKE RECOVERY

(in partnership with CWS-HK, Freedom Matters-UK, ONGD-FNEL Luxembourg)

## Helping children get back to school

Almost one million children were out of school in the immediate aftermath of the earthquakes of April and May, 2015. One of the big concerns following the earthquake was that if the children do not return to school quickly they could become victims of child marriage, trafficking and child labor. Most of the children were learning in Temporary Learning Centers (TLCs) as their school buildings had been destroyed by the earthquake.



R4C has been working at Marpak VDC of Dhading district, one of the most earthquake affected districts, to respond to the immediate needs of people. Currently, R4C is focusing its activities in rebuilding all the collapsed schools in the villages so that the children can get back and learn in a safe environment. We are rebuilding 8 community schools with the approval from the National Reconstruction Authority (NRA). A total of 36 classrooms will be built using the earthquake resistant designs.

The reconstruction work is going on smoothly despite the challenges of road and weather.

We expect the project to be completed by June 2018.

The project will enable around 1500 children per year to continue their education in a safe and child friendly environment to address the education and protection needs of children.

The reconstruction of 3 schools is under progress and the necessary preparation to rebuild and improve the other 5 schools are being made.

Once the construction work completes, the project will focus on creating child friendly school environments and in helping to improve the quality of education in the schools through teacher training programmes.

Get involved, help us change lives and visit us at [www.right4children.org](http://www.right4children.org)

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**Editorial** : Anil Paudel, Bishnu Kumar Malla, Durga Rana Magar | Advisor: Douglas Maclagan

**Design** : Durga Rana Magar

Annapurna Marga, Pokhara 07, Kaski Nepal | Phone: 977-61-465176 | Email: [Info@right4children.org](mailto:Info@right4children.org)